



St Robert Southwell Catholic Primary School

Aiming for Excellence - Being the Best We Can Be



Anti-Bullying Charter for Action



Wellbeing and Mental Health

To Support everyone's wellbeing and mental health, so that they can be the best they can be, are happy together, resilient, ready to learn and succeed

- *Empowering everyone in the community to be emotionally literate*
- *Enabling stakeholders to develop strategies to manage their emotional well-being and mental health.*

Bullying: Bullying is using repetition to target an individual or group to intentionally harm their target either physically or emotionally, resulting in making them feel out of place, unsafe or bad about themselves.

ALL members of our Community have a RIGHT to:

- **Feel safe from harm, both inside and outside of school**
- **Be treated with respect**
- **Report bullying**
- **Be educated about bullying**
- **Have all bullying concerns dealt with sensitively and effectively**
- **Know how to respond to incidents of bullying and to be able to tell a trusted person if something worries you**
- **Be safe when using technology and the Internet**

Following Jesus' footsteps and inspired by St. Robert Southwell we work hard, aim high and treat everyone with honesty and gentleness.



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- **Expect others to behave appropriately**
- **ALL members of our Community have a RESPONSIBILITY to:**
- **Treat others with respect at all times and to set a good example for others**
- **Prevent and report bullying (of you and of others) in all its forms**
- **Behave appropriately and uphold school values both inside and outside of school**
- **Use technology appropriately, legally and not to the detriment of others**
- **Understand the difference between banter and indications that can threaten or hurt**
- **understand diversity and recognise everyone should be treated with respect regardless of difference**
- **Recognise the potential risks of using technology and how they can be avoided**
- **Respect people's privacy**

Signed _____

Date: _____

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