



St Robert Southwell Catholic Primary School
Aiming for Excellence - Being the Best We Can Be

Summer Term 2023 Physical Education School Sport Newsletter



It has been a brilliant Summer Term of sport. The children have continued to develop their skills in the values of School Games. These values are life skills that will help our children in all areas of their life, not just PE.

We began the term with all the children participating in the Guinness World Records for an exciting world record attempt with schools around the country for 'the



most pledges received for an exercise campaign in one month'. The challenge was for children to run, jog, walk or wheel one mile in their school any time between Monday 17 April to Friday 12 May. Unfortunately, the TCS Mini London Marathon organisation did not break the record, but we had a lot of fun being extra active.

Year 5 started the term by continuing to develop their swimming skills. Mr Pascoe's before school Tennis and Football clubs resumed, and the Girls Saturday Morning Rugby Club continued. The girls were selected to attend the Saracens Ladies Rugby Match where they provided a guard of honour for the team entering the pitch and they took part in a mini-training event.



Throughout the year, each class in Years 1-4 had the opportunity to attend a Sports Festival at Kingsbury High School and this has continued this term. These events provide an opportunity



for every child in the school to participate in sporting activities with children from other schools.

Middlesex County Cricket Club provided us with a 'Cricket Taster' day. This gave all the children an opportunity to play cricket and develop their skills. The feedback from the coach was excellent. He commented to the Office Staff when leaving that he felt he had not really worked at the session as the children and staff were so motivated and keen to learn, it was a pleasure to be in such a great school. The children should be very proud of themselves.

All of Year 4 took part in a Cross-Country race at Kingsbury High School - they had to run 600 metres across the fields; luckily for them, it hadn't been raining! They all really enjoyed it and were able to have a second go after they had a rest. It was great to see everyone showing such determination and teamwork to encourage each other to the finish line.

'Following Jesus' footsteps and inspired by St Robert Southwell we work hard, aim high and treat everyone with honesty and gentleness.'

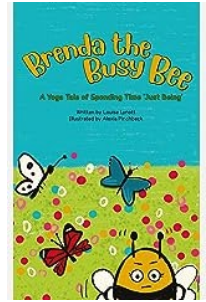


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Reception and Nursery were very lucky to have a visit from a Yoga teacher, Louise Lynott, who has also written two wonderful books incorporating yoga moves. She read her story to them, and they were able to try some of the movements. The children really enjoyed stretching and being mindful.



During the year, Mr Pascoe had been ensuring that all children had an opportunity to play football matches with children in schools around the borough. He has developed our links with Kingsbury Green Primary School. They have an all-weather pitch where we can have 'Friendly' matches; this has given boys and girls in Years 2-5 additional opportunities to play.

After half term, Mr Pascoe began his Inter-School Tennis and Table Tennis competition events for Years 3-6. These competitions have been running for nearly 10 years and all children participate in playing matches in their year group. The final girl and boy play each other for the overall winner.



EYFS and Years 1 and 2 had Sports Day, they all had an excellent day and the sun stayed shining!



Year 6 went on their PGL trip. The children took part in a variety of outdoor and adventurous activities. They all had a fantastic time with beautiful weather!



The Girl's Football Team have been incredible this year and made it to the Final of the Brent North League Cup. They played with fantastic determination in continuous heavy rain. However, they were beaten 4-2 by Preston Park Primary.



Every Year, the Year 6 children from Kingsbury schools take part in a 'Sporting Challenge' at Kingsbury High School. They complete a variety of sporting events, and the winner receives a plaque that is then engraved with the school's name. **Congratulations to our amazing Year 6** who won the competition - the first win since 2017!



The Boys Football Team have also been incredible this year and made it to the final of the Brent North League Cup. They played with great determination too and had to endure nail-biting penalties to secure a well-deserved victory. Congratulations to our football superstars!



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Reception completed their own sponsored event 'Wheelie Day' on the junior playground, completing as many laps of the course as possible with family members watching and cheering them on. The children had a brilliant afternoon and they raised lots of money for new Motor Skills equipment - well done Reception.

We celebrated all the children's achievements this year in our annual 'Sports Assembly Celebration' - Ellie-Mai was able to perform her fantastic Irish Dancing skills and Matilde demonstrated her Black Belt Taekwondo moves. The runners-up and winners of the Tennis and Table Tennis competitions were awarded their trophies. It was wonderful to see the amazing sporting achievements of all the children this year and it might provide inspiration for some children to take up a new sport. All the school trophies are on display outside the school hall.



To end the sporting events this year, Year 6 attended a sporting competition with Kingsbury Green Primary school that we have officially begun this year. They took part in lots of different events, gaining points for each event they completed. This year Kingsbury Green won so we will be getting next year's Year 6 in training ready for the re-match!



To acknowledge all our amazing sporting achievements, we achieved the School Games Mark Gold Award for our commitment and engagement in the School Games for 2022/23.

If your child wants to try a new sport, they might be inspired to apply for their Blue Peter Sport Badge - <https://www.bbc.co.uk/cbbc/joinin/blue-peter-apply-for-the-leah-williamson-sport-badge>

Thank you for your continued support this year and an extra special thank you and goodbye to Ellie Murphy's Mum Niamh, who has been a great support over many years. Her attendance at lots of sporting events has been brilliant. Without parent and carer helpers, we would not be able to run all the events we do.

Many thanks to everyone for your enthusiasm and continued support to make PE and School Sport fantastic in our school

Mrs Keville

Physical Education School Sport and Physical Activity Leader

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